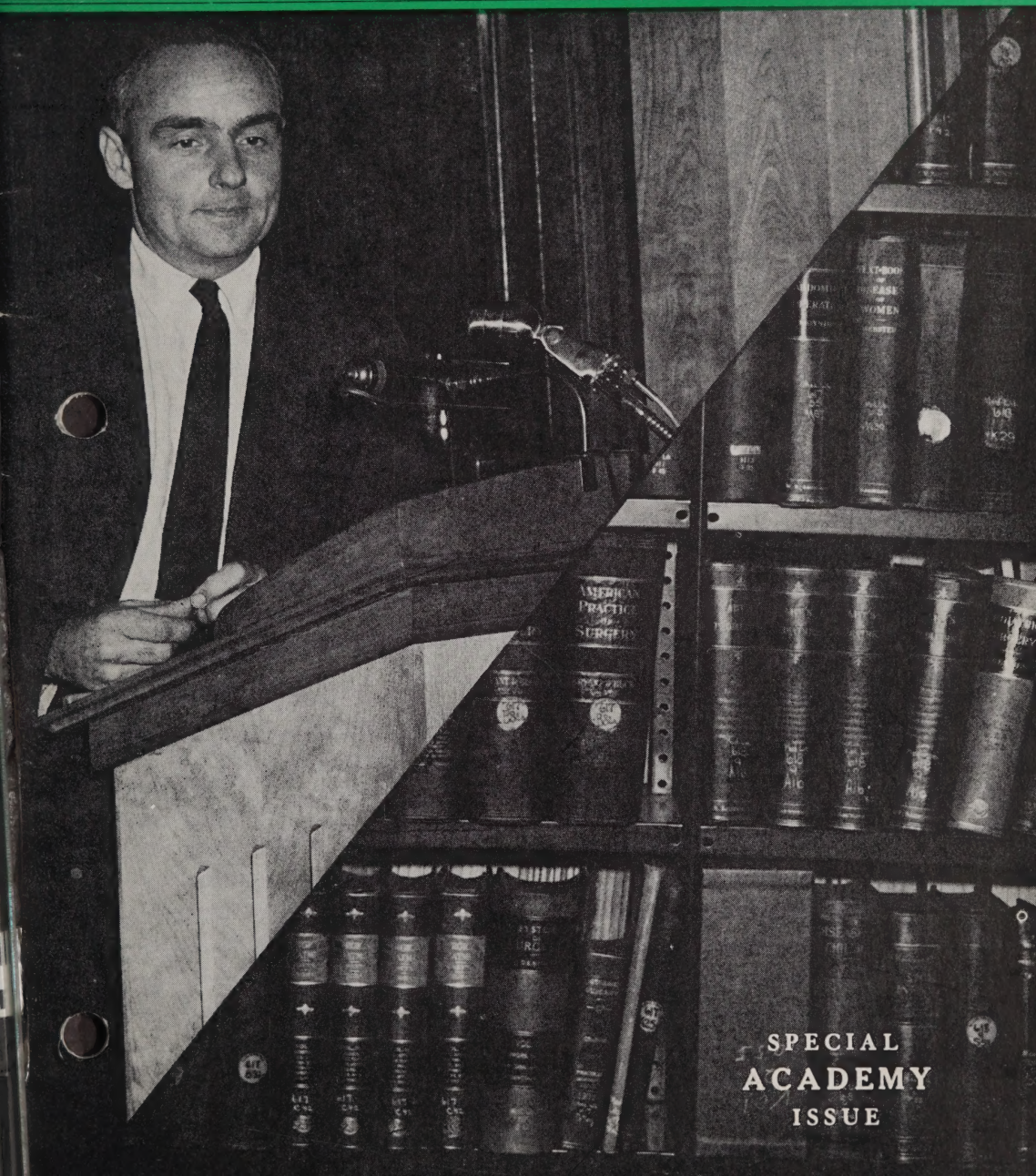
HDMS —— 125th ANNIVERSARY

The Hampden Hippocrat

A Bulletin for the Hampden District of the Massachusetts Medical Society

VOLUME XXI NOVEMBER, 1965 NO. 9



SPECIAL
ACADEMY
ISSUE

Hampden District Medical Society

1414 STATE STREET — SPRINGFIELD, MASS.

Telephone: REpublic 6-0661

Vivian M. Purdy, *Executive Secretary*

OFFICERS

President . . . . . Henry Burkhardt, M. D.
Vice President and President-Elect . . . . . Donald R. Hayes, M. D.
Secretary . . . . . Harry N. Memery, M. D.
Treasurer . . . . . Paul T. Moore, M. D.
Assistant Secretary . . . . . John F. Griffin, M. D.

Executive and Grievance Committees

Henry Burkhardt, M. D.	*ex-officio*	Theodore R. Miner, M. D.
Donald R. Hayes, M. D.	*ex-officio*	Harry N. Memery, M. D.
Paul T. Moore, M. D.	*ex-officio*	Robert N. LaMarche, M. D.
Edwin M. Mahoney, M. D.	1966	David W. Williams, M. D.
Mustafa I. Adham, M.D.	1967	Robert D. O'Malley, M. D.
Walter S. Mozden, M. D.	1968	Walter J. J. Nero, M. D.

Chairmen of Committees

Public Relations . . . . . Robert N. LaMarche, M. D.
Legislative . . . . . Robert W. Emery, M. D.
Board of Membership . . . . . Samuel F. Potsubay, M. D.
Blue Shield District Professional Service . . . Walter D. Carver, M. D.
Woman's Auxiliary . . . . . Bruce B. Stoler, M. D.
Malpractice and Medico-Legal Affairs . . . . . Joseph Angelica, M. D.
Public Health . . . . . David E. Booker, M. D.
Insurance, Labor Relations, and Industrial Accidents . William Mosig, M. D.
To Committee on Tax-Supported Medical Care . Harry L. Roberts, M. D.
By-Laws . . . . . Max Millman, M. D.
Scholarship . . . . . Ralph T. Miller, M. D.
Nominating . . . . . Frank G. Mills, M. D.
Auditing . . . . . Joseph Rini, M. D.
Emergency Medical Service . . . . . Bronislaus A. Galuszka, M. D.
Health and Accident Insurance . . . . . H. Bernard Tillman, M. D.
Mental Health . . . . . Eugene Boss, Jr., M. D.
Disaster Medical Care . . . . . Walter S. Mozden, M. D.
Medico-Religious . . . . . Garry DeN. Hough, III, M. D.
Representatives to Community Council
Henry Burkhardt, M. D. and Donald R. Hayes, M. D.

The Hampden Hippocrat

"Life is short and art is long, the occasion fleeting, experience fallacious and judgment difficult."
Hippocrates

Founded in 1942 by Drs. Edward P. Bagg and William A. R. Chapin, and published monthly except July and August.

BOARD OF EDITORS

Edward P. Bagg, M. D. *Editor-Emeritus*
Max Millman, M. D. *Editor-in-Chief*
(108 School Street, Springfield, Mass., 01105)
John C. Ayres, M. D. *Assistant Editor*

Associate Editors

Olive A. Cooper, M. D.
Frank F. Hurley, M. D.
Ralph T. Miller, M. D.
Frank G. Mills, M. D.
H. Bernard Tillman, M. D.
Richard J. Maher, M. D.
Donald R. Hayes, M. D.
Setrag A. Zacarian, M. D.

Joseph B. Greenspan, M. D. *Secretary and Business Manager*
(91 School Street, Springfield, Mass., 01105)
Mrs. Arthur Willard *Advertising Director*
(62 Irvington Street, Springfield, Mass. 01108)

THE HAMPDEN HIPPOCRAT, NOVEMBER, 1965

EDITORIALS

WHITHER ACADEMY?

The Springfield Academy of Medicine is at the crossroads. For several years, those of us who have sat in on Board of Directors meetings of the Academy have puzzled and scratched about its future.

It might be good to put things in a historical perspective. The Academy, in its early days, served the medical and dental professions of the Springfield area in a less sophisticated time. Membership was a privilege a professional man gladly assumed, even though he might expect little in the way of tangible benefits therefrom. For example, a large number of dentists regularly gave

NEXT DISTRICT MEETING, DEC. 7 (See Page 13)

their support. Physicians had few local meetings of academic interest to attend and took few trips away for postgraduate training. Most were general practitioners who could find something of interest in almost all of the programs offered. Television lay no claim to one's loyalty night after night.

Now the situation has changed. There are many medical men in specialities whose field is never covered at the meetings of the Academy. Moreover, local hospital meetings multiply in their own population explosion and pull men away from the Academy. Doctors routinely go as far as the west coast to attend courses and meetings. In an era of fast paced prosperity, many are the distractions at the Tuesday evening meeting time of the Academy.

The dilemma then consists of gradual decreasing membership and attendance at Academy meetings. This means that the financial structure of the Academy, although not in dire peril, has seen better days. What to do?

Had the new medical school come to Springfield or Amherst the Academy could have faded gracefully away. As it stands now no such easy dissolution is possible or even desirable. The most frequently suggested answer is to merge the Academy with the Hampden District Medical Society. Worcester has included in its medical society both the politico - economic and academic arms. Is that the solution for Springfield?

We could go on as we are now, but the situation definitely is deteriorating, slow as it may seem. Even for those doctors who find no interest in the meetings, it would be a shame to lose the very excellent Academy library. Please give this matter some thought. The editors would welcome letters of opinion from the membership on this perplexing problem.

Maher

TOO MUCH OR TOO LITTLE

A recent meeting held at a local hospital was attended by a mere 15 people. The speaker of the evening was an internationally renowned medical educator, clinician and researcher. The meeting was made even more attractive by a delicious buffet supper served prior to the meeting and a refreshment period following it. It is strange indeed that such a program attracted but a pitiful handful of interested physicians. Why?

Many explanations have been offered such as: doctors are too busy these days; there are too many meetings; or there are too many specialties each with its own interests. All this may well be true, but what can be done about

---

Cover: Conceived and designed by Dr. Ayres, this month's cover aims to portray the dual function of the Academy: (1) Medical Library and (2) Postgraduate Education. The speaker on the platform is Dr. F. McDowell who addressed the Academy on Oct. 12, 1965

t? Staff and departmental meetings are mandatory, but general educational programs are not. Would it not be possible to pool all the educational resources in the area and in so doing reduce the total number of meetings, but increase their quality?

A cooperative educational program of this type might be sponsored under the aegis of The Academy and/or the District Society. Or the program committees of the various hospitals, on their own, might coordinate all their educational facilities and activities. Television, radio, tapes, and live programs would be employed — each has it own advantages and limitations.

The need for post-graduate or continued medical education is no longer debatable. There is talk of even making it compulsory. The physician, regardless of how busy he is, must recognize this need and work with his colleagues toward making post-graduate medical education in Hampden attractive enough to lure all physicians to attend.

In the meantime we are to utilize all existing programs as much as we can. Those who can't possibly find time for these programs might try listening to pre-recorded tapes while driving in their cars to and from calls and hospitals.

Mills

GOLD CROSS
RENTS IT!
RENTALS – SALES – SERVICE
HOSPITAL BEDS
AND ACCESSORIES
WHEEL CHAIRS – CRUTCHES
WALKERS – COMMODES
MANY OTHER ITEMS AVAILABLE

WE CARRY A COMPLETE LINE
OF RESPIRATORY DEVICES!
OXYGEN THERAPY SERVICE
BENNETT IPPB UNITS
NEBUMIST – SUCTION UNITS
PLUS A FULL LINE OF
SURGICAL SUPPLIES
AND PATIENT AIDS

GOLD CROSS
SURGICAL SUPPLY
66 LOCUST STREET
TEL. 781-3781

MEMBER
AMBULANCE SERVICE of AMERICA
"WHERE, FOR YOUR PROTECTION, ONLY PROFESSIONALS
WITH THE HIGHEST STANDARDS ARE ADMITTED"
AMBULANCE
DIAL 781-3781
NOTICE
IF TELEPHONE SERVICE IS INTERRUPTED
PLEASE CALL 736-7241
AMBULANCE ASSOCIATION OF AMERICA
EMERGENCY
or TRANSFER
• NEW MODERN CADILLACS
• SPECIALLY EQUIPPED FOR
LONG DISTANCE SERVICE
• NURSES ON REQUEST
"WE TAKE PRIDE IN OUR SERVICE"
24 HOUR PROMPT SERVICE
FULLY EXPERIENCED & EQUIPPED
GOLD CROSS
AMBULANCE & OXYGEN SERVICE INC.
66 LOCUST ST. SPRINGFIELD, MASS.

EXECUTIVE COMMITTEE MEETING (Highlights)

Four members of the committee were absent: one with illness and three away to the surgical meeting in Atlantic City. The meeting convened promptly at 8 P.M.

Inquiries concerning the letter to physicians from HEW on the civil rights oath, were read. The answer is published in the AMA news of Oct. 11 - doctors do not have to sign a pledge.

Some physicians have been asked to appear for draft examinations. The Executive Committee appointed itself to serve as a Medical Advisory Board, for the time being. Two requests were reviewed and letters are to be written to their Selective Service Boards.

The Mass. Nurses Association asked if it could be of some assistance to HDMS during Community Health Week. Since our main function is to place material in newspapers, on radio and TV, their offer was declined with many thanks.

Mrs. Purdy reported for committees on Public Health, Mental Health and Diabetes week. All plans have been made for Dr. Appel's (pronounced like apple) visit.

Under Old Business the committee approved the purchase of "Quarter Million Teenagers" for use by schools, churches, PTA or any other organization interested in trying to help prevent VD.

Letters concerning yellow page listings went out during the past month to physicians involved. Some answers were received. Many of the physicians have promised to remove their names from the Holyoke book.

The committee definitely decided not to combine HDMS Golf Day and the first district meeting in September.

The HDMS will award a $50 award to the National Art Association at their exhibit in Springfield in November.

The Grievance Committee considered three cases. Letters will be written by the secretary.

Meeting adjourned at 10:04 P.M.

Old STORROWTON TAVERN
Old-Fashioned Food,
Drink and Lodging
Open Every Day
West Springfield, Mass.
Exit 4, Mass. Turnpike

PATRONIZE OUR ADVERTISERS

THE MEDICAL CREDITS DIVISION

Administered by an Operating Council comprised of Physicians, Dentists and Hospital representatives who are elected annually. Furnishes educational and professional assistance to its members in safe credit and collection procedures. Provides pre-collection aids and offers where required, an ethical, dignified, and efficient collection service.

For further information please telephone RE 6-4511, Ext. 46, Medical Credits Division, Credit Bureau, Inc. of Greater Springfield.

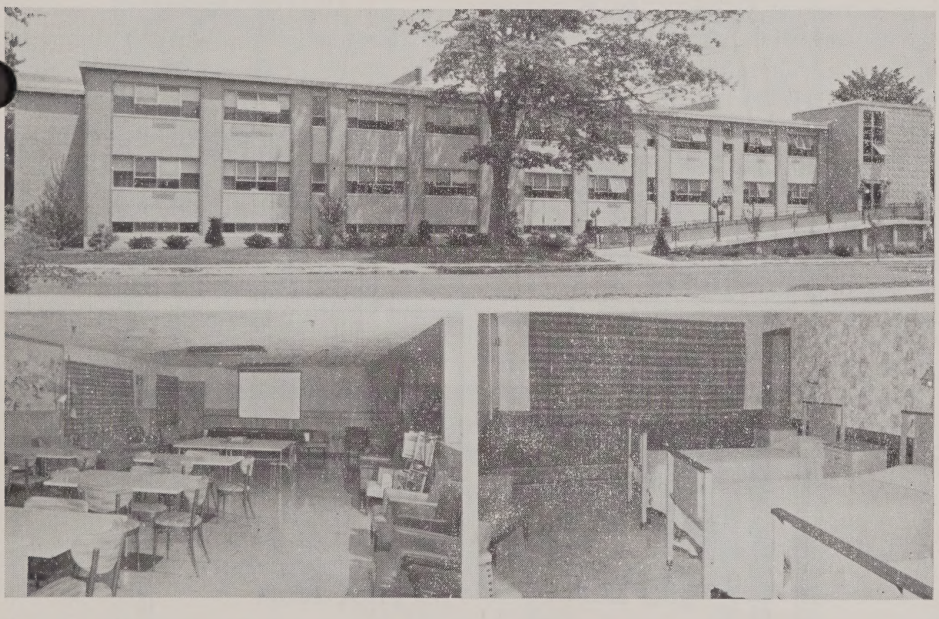
SPRUCE MANOR
NURSING HOME

Now Open and Accepting Private and MAA Cases

SPRINGFIELD'S NEW, SPECIFICALLY DESIGNED, CONSTRUCTED AND EQUIPPED FOR THE CARE OF CONVALESCENTS, POST-OPERATIVES, INVALIDS and CHRONIC PATIENTS.

— — —

2500 FEET FROM MEDICAL CENTERS ON MAPLE AND SCHOOL STREETS
OFF-STREET PARKING FOR 100 CARS
WITHIN MINUTES OF SPRINGFIELD'S THREE LEADING HOSPITALS



388 CENTRAL STREET — SPRINGFIELD, MASS.

Area Code 413 734-4986

WHY SUPPORT THE ACADEMY?

by Charles Atamian, M.D., Secretary
Springfield Academy of Medicine

For nearly sixty years the Springfield Academy of Medicine has provided post graduate medical education to the medical fraternity of the greater Springfield area. Close to six hundred programs have been presented and these have been broad enough to encompass the specialties as well as areas of interest to the general practitioners. In addition the Academy has provided us and the community with a medical library second in Massachusetts only to the Boston Medical Library.

In many regions of the United States the district medical societies are charged with the responsibility for presenting a medical program. In Hampden the Springfield Academy fulfills this obligation. Therefore, those who support the HDMS should support also the Springfield Academy of Medicine.

Why support the Academy? All hospitals have programs for their staffs; the Academy augments and supplements these programs. By so doing, it assists the hospitals in the training of their staffs. Perhaps each hospital should recognize this fact by granting credit to their staff members for attending Academy meetings.

The need for the Academy is enhanced by the unfortunate fact that the new medical school will not be located in Springfield. This means the mdeical profession must maintain its own standards of medical practice by additional post-graduate education.

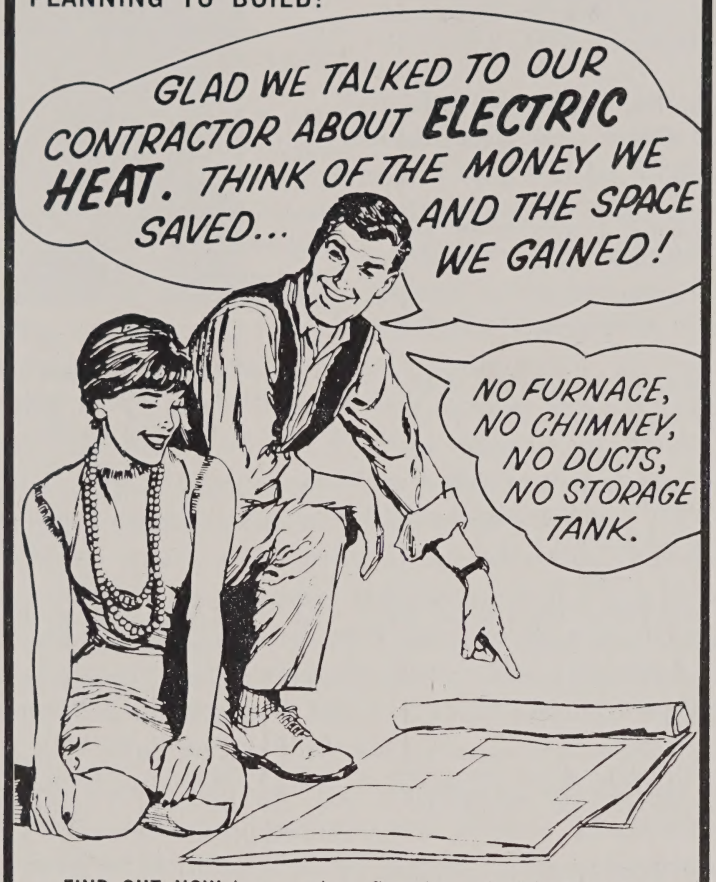
We, of the Academy, are grateful to the charter members, who had the foresight to establish the Academy. It is up to the entire medical community now to support and maintain it. Suggestions for improving the format and programs of the Academy are always welcome by its Board of Directors.

QUOTE OF NOTE:

"The money you earned this year became your own on May 7 at 4:12 p.m. On that day and minute, you completed three solid months of workdays earmarked for support of your chief dependents: federal, state and local governments. The average man works 89.9 days to earn the 37% of his income that goes for taxes."

—Commentary in TRUE

PLANNING TO BUILD?


GLAD WE TALKED TO OUR CONTRACTOR ABOUT ELECTRIC HEAT. THINK OF THE MONEY WE SAVED... AND THE SPACE WE GAINED!
NO FURNACE, NO CHIMNEY, NO DUCTS, NO STORAGE TANK.

FIND OUT NOW how modern flameless electric heat can give you more house for the money, more living enjoyment from your new home investment, today and tomorrow. For free cost estimates and planning advice, call us today.

Western Mass.
Electric Co.

NH-302

HAMPDEN CAPSULES

Over 200 invitations have gone out to coaches, physical educators, etc. in the entire Hampden County to attend the Sports Injury Program to be held on Dec. 1.

— —

Zonta Club has been invited to hear Dr. Paul McCleave speak at the February meeting.

— —

The following Hampdenites were inducted as Fellows of the American College of Surgeons at its Clinical Congress held in Atlantic City October 18-22:

Mordecai E. Berkowitz, M.D.
Harry G. Tapp, M.D.

— —

26 of our members have signed up for The Speech Training Course sponsored by the SK&F Co.

— —

A very successful meeting of the PR Committee with radio, press and TV representatives was held at Dr. LaMarche's home, on Oct. 26.

— —

Orders still being taken for certificates of membership in the HDMS.

— —

Dr. Terry Ryan spoke to opticians on October 14, 1965.

—

Executive Secretary Mrs. Purdy, made the MSEA publication "The Executive" twice: (1) pinning orchids on Leo Brown of the AMA, and (2) attending Magazine Group Party at the Hotel Drake.

Patronize our advertisers and remember to mention the Hippocrat.

The following councilors attended the October 13th meeting of the Council of the MMS: Drs. Arenstam, Burkhardt, Callan, Hayes, Johnson, J. Kelly, LaMarche, Miller, Millman, Mills, Miner, Reilly, Simpson, and Tillman.

—

Dr. Edward P. Bagg was soluted recently by the Holyoke Chamber of Commerce for 52 years of outstanding community service. At the same Solute Breakfast, Dr. Henry Burkhardt, President of the HDMS, received special recognition.

—

Dr. Collard spoke before the Granby Chamber of Commerce. Subject: "Becoming A Country Doctor."

—

Dr. DeRose removes his office to 293 Bridge St., Springfield from Westfield.

— —

At the April, 1965 meeting it was voted: "That yellow page telephone listings be limited to address, specialty, and office hours in the telephone directory of the city or town where the doctor's home or office is located. He may also be listed if he has an affiliation on the staff of a general hospital."

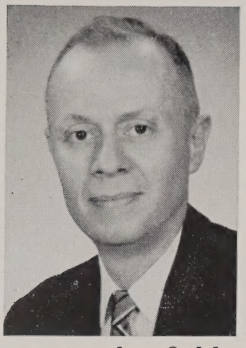
DESIGNED FOR THE MEDICAL PROFESSION

Swiss Precision
Hermes Typewriter

VERMES TYPEWRITER CENTER

188 MAPLE ST. — TEL. 781-0321

President's Page



OUR SPORTS INJURY PROGRAM

On December first our Society is inaugurating a "Sports Injury Program." This will be in the form of an afternoon of talks by three of our members, a college physiologist, and an orthopod of national renown in the field of sports medicine (page 18).

Interest in sports medicine is nothing new. At the AMA meeting in Philadelphia later this month, the "Seventh National Conference on the Medical Aspects of Sports" will be held. Our program however, is the first of its kind sponsored by a district society in Massachusetts.

Many sports are worthy of consideration, but the emphasis at our own program will be football. This, I feel, is appropriate. We have all been shocked to read recently of the twenty-second football fatality in the 1965 high school season. We wonder how many of these fatalities might have been prevented with a little better medical supervision.

All concerned—parents, physicians, educators, recreation leaders, coaches, trainers, and players themselves—are interested in having the game played under optimum conditions of safety for the participants. This would include proper emphasis on physical examinations, physical pre-conditioning, teaching of proper skills, proper equipment, constant medical supervision at all games, and "on call" for all practice sessions.

I feel that the medical profession has a logical responsibility to help establish these standards and I know that our coming conference will help achieve the best possible opportunity for safe and healthful participation in sports.

Henry Burkhardt, M. D.

WING MEMORIAL PLANS 32-BED ADDITION

The Wing Memorial Hospital of Palmer, Mass. will proceed with plans to build a 32-bed addition as the result of a substantial bequest from the estate of a Wales, Mass. farmer who died in 1935.

The hospital received $1,134,000 under a trust fund set up by the late Dornoe E. Parker, of which $650,000 will go toward construction of the new wing, and the income from the balance will be used to assist in its cost of operation and maintenance.

The plans call for the addition of a two-story addition with basement, which will increase the hospital's present capacity by 38 percent to a total of 117 beds. The wing will include a new pediatric service and physical therapy department on the first floor, and a chronic and acute illness unit on the second floor. An expanded dietary department will be located in the basement.

Of the total planned expenditure of $810,096, including equipment, $650,000 will be provided by the Parker trust fund, and the balance by the hospital. According to E. Russell Sprague, a member of the Wing board of trustees, the hospital expects to build up its medical staff in order to handle the anticipated patient load and to take advantage of the new facilities.

The Wing Memorial was founded in 1913 and serves the residents of Palmer, Monson and nearby communities.

D-RASH

A FORMULATION THAT PROVIDES ALL NIGHT PROTECTION AS IT PROMOTES HEALING IN THE MANAGEMENT OF

DIAPER RASH

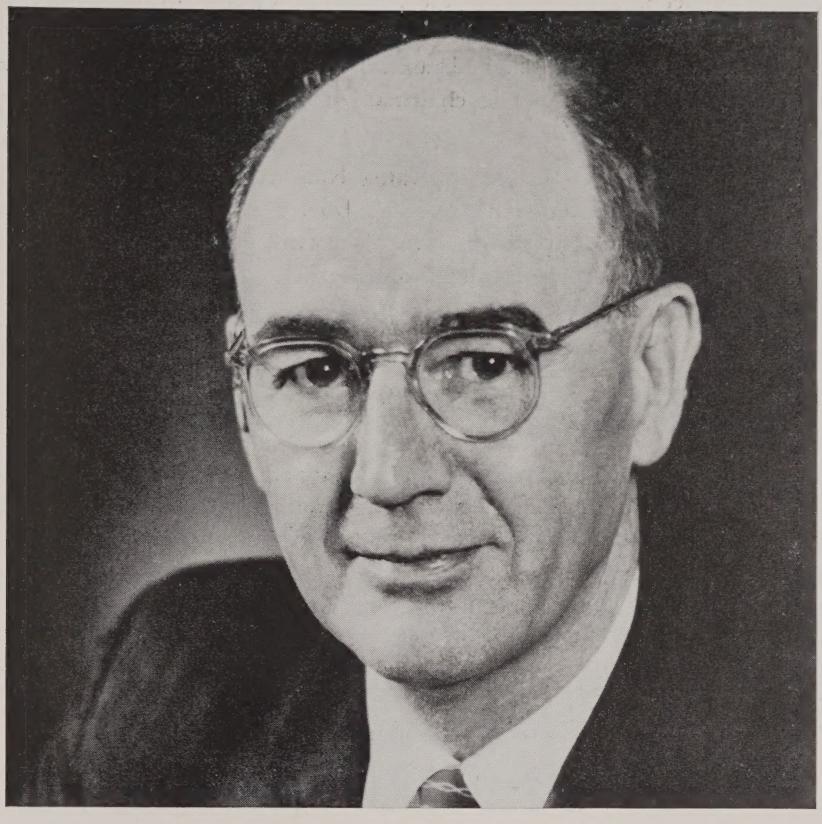
D-RASH is a soothing well balanced product containing Peruvian Balsam, Cod Liver Oil, and Zinc Oxide properly compounded with Beeswax, Talc, Lanolin and Caster Oil in a suitable non-irritating base.

Available At All Drug Outlets
MERIT PHARMACAL CO. — SOMERS, CONN.

BILLING EASIER AND FASTER WITH **THERMO FAX**
Send out bond weight statements without typing.
Call for Demonstration in Your Office

3M BUSINESS PRODUCTS SALES, INC. 739-9608
Formerly Thermo Fax Sales, Inc.
93 STATE STREET — SPRINGFIELD, MASS.

PRESIDENT JAMES Z. APPEL, M.D.



JAMES Z. APPEL, M.D., of Lancaster, Pa., was named President-elect of the American Medical Association at its Clinical Convention in December, 1964, and became its 120th President when he was inaugurated in June, 1965.

Doctor Appel, a surgeon and general practitioner, was born May 15, 1907, in Lancaster in the house where he now has his office. A Phi Beta Kappa graduate of Franklin and Marshall College, Doctor Appel received his medical degree from the University of Pennsylvania in 1932.

Three years after he graduated from medical school, Doctor Appel became a member of the State Medical Society. He became a delegate to the American Medical Association in 1945 and a trustee in 1957. He had been vice chairman of the board of trustees since 1962, a position he relinquished upon being chosen president-elect.

Prior to his election as an AMA trustee, Doctor Appel was president of his county medical society, and he served 10 years on the Board of Trustees of the Medical Society of Pennsylvania. He also has been active in Blue Shield

in that state.

Doctor Appel is a member of the American College of Surgeons. He is president of the staff of the Lancaster General Hospital and is director of health services at his alma mater, Franklin and Marshall College in Lancaster. In addition, Doctor Appel is chairman of the Joint Commission on Accreditation of Hospitals.

He helped reorganize the Pennsylvania National Guard before retiring in 1949 with the rank of Lieutenant Colonel. Doctor Appel is a member of the World Medical Association and for the last two years has been a United States delegate to the World Health Organization.

He is married to the former Florence Burch of Texas. The Appels have five children, four daughters and a son.

Doctor Appel, who is 6 feet 1 inch tall weighs 185 pounds, sails as a hobby, and has his own boat.

His father, the late Doctor Theodore B. Appel, served a term as president of the Medical Society of the State of Pennsylvania, and was state secretary of health from 1927 to 1935. The family's roots in Pennsylvania go back to 1732 when his ancestors migrated from the Palatinate area in Western Germany to settle in the Bethlehem area of the state.

#

ON TO THE AMA'S

19th CLINICAL CONVENTION

Philadelphia, Pa.

NOV. 28 — DEC. 1, 1965

Register and choose your accommodations now and be set to go to a midwinter session in medicine.

AMERICAN MEDICAL ASSOCIATION
535 North Dearborn Street
Chicago, Illinois 60610

NEXT MEETING
of the
Hampden District Medical Society

TIME: Tuesday, December 7, 1965

Business Meeting 6:30 P.M., followed by Social Hour.

Dinner (Courtesy of Society)

PLACE: Sheraton Motor Inn
70 Chestnut Street
Springfield, Mass.

GUEST SPEAKER:
James Z. Appel, M. D.
President, AMA

YOUR PRESENCE IS URGENTLY REQUESTED

Harry N. Memery,
Secretary

SPRINGFIELD ACADEMY OF MEDICINE

Charter Members

Dr. John A. Houston
Dr. Ralph Holland Seelye
Dr. Angelo Orin Squier
Dr. Walter Rupert Weiser
Dr. Harvey Van Allen
Dr. Frederick W. Chapin
Dr. Edgar H. Guild
Dr. Vincent J. Irwin
Dr. James B. Comins
Dr. Frederick B. Sweet
Dr. Theodore S. Bacon
Dr. James B. Atwater
Dr. Richard E. Dickson
Dr. James E. Marsh
Dr. James W. Hannum
Dr. Oliver W. Cobb
Dr. Walter A. Smith
Dr. Frederick S. Ward

Presidents

Dr. W. A. Smith	— 1907	Dr. W. B. Segur	— 1936
Dr. W. A. Smith	— 1908	Dr. M. W. Harrington	— 1937
Dr. O. W. Cobb	— 1909	Dr. A. J. Horrigan	— 1938
Dr. O. W. Roberts	— 1910	Dr. R. N. Hatt	— 1939
Dr. P. Kilroy	— 1911	Dr. W. A. R. Chapin	— 1940
Dr. R. H. Seelye	— 1912	Dr. E. P. Bagg	— 1941
Dr. A. O. Squier	— 1913	Dr. J. P. Derby	— 1942
Dr. E. A. Bates	— 1914	Dr. F. S. Hopkins	— 1943
Dr. J. B. Comins	— 1915	Dr. F. Hagler	— 1944
Dr. H. W. Van Allen	— 1916	Dr. J. Z. Naurison	— 1945
Dr. F. B. Sweet	— 1917	Dr. G. L. Steele	— 1946
Dr. A. O. Squier	— 1918	Dr. J. A. Seaman	— 1947
Dr. T. G. Alcorn	— 1919	Dr. E. W. Beauchamp	— 1948
Dr. E. L. Davis	— 1920	Dr. A. A. Palermo	— 1949
Dr. R. B. Ober	— 1921	Dr. O. J. Menard	— 1950
Dr. J. M. Tracy	— 1922	Dr. A. J. Connelly	— 1951
Dr. J. M. Birnie	— 1923	Dr. G. deN. Hough, Jr.	— 1952
Dr. H. F. Byrnes	— 1924	Dr. R. G. Mace	— 1953
Dr. R. S. Benner	— 1925	Dr. M. Millman	— 1954
Dr. C. F. Lynch	— 1926	Dr. R. T. Miller	— 1955
Dr. H. L. Smith	— 1927	Dr. A. P. Barney	— 1956
Dr. G. B. Corcoran	— 1928	Dr. W. C. Barnes	— 1957
Dr. G. D. Henderson	— 1929	Dr. T. F. Reilly	— 1958
Dr. A. G. Rice	— 1930	Dr. D. G. Hayes	— 1959
Dr. M. J. Dillon	— 1931	Dr. H. P. Kennedy	— 1960
Dr. L. D. Chapin	— 1932	Dr. F. E. Hurley	— 1961
Dr. N. C. Haskell	— 1933	Dr. P. Nathan	— 1962
Dr. W. Goodell	— 1934	Dr. W. B. Coen	— 1963
Dr. G. L. Gabler	— 1935	Dr. O. T. Pace	— 1964
		Dr. J. M. Maloney	— 1965

Secretaries (Academy)

Dr. J. Butler	1907 - 9
Dr. A. C. Eastman	1910 - 11
Dr. J. M. Birnie	1912 - 14
Dr. L. D. Chapin	1915 - 19
Dr. A. G. Rice	1920 - 22
Dr. J. A. Seaman	1923 - 45
Dr. J. M. Baker	1946 - 51
Dr. G. B. Corcoran	1952 - 59
Dr. E. Hurley	1960 - 64
Dr. C. Atamian	1965 -

Academy Librarians

1915-1945 — Miss Bacon
1946-1954 — N. M. Gavill
1964 — G. Flanagan

If it is newsworthy and medical, the Hippocrat would like to know about it.

Nearly 1-1½ million persons are patients in hospitals on any given day. More than half of them (720,674) are in psychiatric hospitals.

Hospitals rank as one of the nation's largest employers. Total employment in the 7,138 hospitals registered by the American Hospital Association in 1963 reached 1,840,287.

Reducing Patient: "Every time I'm tempted to overeat I think of you, Doctor, and lose my appetite."

"Yes, we did produce a near perfect Republic. But will they keep it, or will they, in the enjoyment of plenty, lose the memory of freedom. Material abundance without character is the surest way to destruction."

—Thomas Jefferson

NEW MEMBERS, ATTENTION
Chapter IV, Section 4 of By-laws

"Attendance of all orientation and indoctrination programs during the first year, and of at least fifty (50) per cent of the District's meetings during each of the first two years of membership, is mandatory."

88,000

The weaker sex numbers 88,000 strong, according to membership figures just released by the Woman's Auxiliary to the American Medical Association. The physicians' wives, who recently held their 42nd Annual Convention in New York City, this year contributed $320,121.87 to the Research Foundation. Officers for the 1965-66 term are Mrs. Richard A. Sutter, St. Louis, Mo., President, and Mrs. Asher Yaguda, Newark, N. J., President-Elect.

A record-breaking registration of 833 marked the 9th annual convention of the American Association of Medical Assistants, October 12-17, in New York.

Removal of office:

Charles R. Holt, M.D. from 130 75Elm Street to 70 Van Deene Avenue, West Springfield.

7 out of 10 drugs used today were not known 15 years ago.

Part time work needed by mature woman with volunteer hospital experience and office experience.
Phone 567-8501

New Books at Academy Library

Bates & Christie: Respiratory Function in Disease

Dubos: Bacterial & Mycotic Infections in Man

Duncan: Diseases of Metabolism

Fishman & Richards: Circulation of the Blood, Men & Ideas

Henderson & Gillespie: Textbook of Psychiatry

MacBryde: Signs & Symptoms

Means, Degroot & Stanbury: The Thyroid and Its Diseases

Pulaski: Common Bacterial Infections

Rypins' Medical Licensure Examinations

Smillie & Kilbourne: Preventive Medicine & Public Health

Walshe: Diseases of the Nervous System

Collected Papers in Medicine, Mayo Clinic & Mayo Foundation

Collected Papers in Surgery, Mayo Clinic & Mayo Foundation

Goodman & Gilman: The Pharmacological Basis of Therapeutics

Nelson: Textbook of Pediatrics

Louisada: Cardiology Vol. 5

COMPLIMENTS

T. P. Sampson Co.

Springfield

Compliments of

BETTY'S OLD TOWNE HOUSE

Agawam, Mass.

Soma® Compound

carisoprodol 200 mg., phenacetin 160 mg., caffeine 32 mg.

Indications: 'Soma' Compound and 'Soma' Compound with Codeine *(Warning: Codeine may be habit-forming)* are useful for relief of pain and stiffness in traumatic, rheumatic and other conditions affecting muscles and joints.
Contraindications: Allergic or idiosyncratic reactions to carisoprodol, phenacetin, or codeine phosphate.
Precautions: *Phenacetin* — With long-term use, give cautiously to patients with anemia and cardiac, pulmonary, renal or hepatic disease. May damage the kidneys when used in large amounts or for long periods. *Caffeine* — Not recommended for persons extremely sensitive to its CNS stimulating action. *Codeine phosphate* — Use with caution in addiction-prone individuals. *Carisoprodol* — Carisoprodol, like other central nervous system depressants, should be used with caution in patients with known propensity for taking excessive quantities of drugs and in patients with known sensitivity to compounds of similar chemical structure, e.g. meprobamate.
Side effects: Drowsiness, lightheadedness, dizziness, and gastric complaints have been reported infrequently for either or both of these preparations. *Phenacetin* — Side effects are extremely rare with short-term use of recommended doses. Prolonged ingestion of overdoses may produce dyspnea, cyanosis, hemolytic anemia, skin rash, anorexia, subnormal temperature, insomnia, headache, mental disturbances, and tolerance. *Caffeine* — Side effects are almost always the result of overdosage. Average doses may rarely cause nausea, nervousness, insomnia, and diuresis. Excessive dosage may produce, in addition, restlessness, nervousness, tolerance, tinnitus, tremors, scintillating scotomata, tachycardia, and cardiac arrhythmias. *Codeine phosphate* — Possible side effects are nausea, vomiting, constipation, and miosis. *Carisoprodol* — The only side effect reported with any frequency is sleepiness, usually on higher than recommended doses. An occasional patient may not tolerate carisoprodol because of an individual reaction, such as a sensation of weakness. Other rarely observed reactions have included dizziness, ataxia, tremor, agitation, irritability, headache, increase in eosinophil count, flushing of face, and gastrointestinal symptoms. One instance each of pancytopenia and leukopenia, occurring when carisoprodol was administered with other drugs, has been reported as has an instance of fixed drug eruption with carisoprodol and subsequent cross-reaction to meprobamate. Rare allergic reactions, usually mild, have included one case each of anaphylactoid reaction with mild shock and angioneurotic edema with respiratory difficulty, both reversed with appropriate therapy. In cases of allergic or hypersensitivity reaction, carisoprodol should be discontinued and appropriate therapy initiated. Suicidal attempts may produce coma and/or mild shock and respiratory depression.
Dosage: Usual adult dosage of 'Soma' Compound or 'Soma' Compound with Codeine is one or two tablets three times daily and at bedtime.
Supplied: 'Soma' Compound, orange tablets, each containing carisoprodol 200 mg., phenacetin 160 mg., and caffeine 32 mg. 'Soma' Compound with Codeine, white capsule-shaped tablets, each containing carisoprodol 200 mg., phenacetin 160 mg., caffeine 32 mg., and codeine phosphate 16 mg. Narcotic order form required. CSO-5713
Before prescribing, consult package circular.

WALLACE LABORATORIES/*Cranbury, N. J.*

with Soma® Compound

carisoprodol 200 mg., phenacetin 160 mg., caffeine 32 mg.

In most patients with strains and sprains, 'Soma' Compound can reduce recovery time because of its ability both to relieve pain and to relax muscle. In a controlled study of patients in an industrial practice, R. G. Conant reported that 'Soma' Compound shortened recovery time an average of 25% as compared with aspirin.[1] In addition, complete or marked relief was noted in 94% of patients treated with 'Soma' Compound, as compared to 46% of patients treated with aspirin.

1. Conant, R. G.: Reduction of industrial time-loss: treatment with carisoprodol compound in musculoskeletal disorders. Industr. Med. Surg. *33*:25, Jan. 1964.

Also available with ¼ gr. codeine as 'Soma' Compound with Codeine: carisoprodol 200 mg., phenacetin 160 mg., caffeine 32 mg., codeine phosphate 16 mg. (Warning: may be habit-forming.)

WALLACE LABORATORIES/*Cranbury, N. J.*

CSO-5713

SPORTS INJURIES

by ROLAND F. STEBBINS, M.D., Chairman
Sub-committee on Sports Medicine

In recent years, there has developed much interest by the medical profession in injuries related to sports and physical education, especially regarding their prevention and treatment. I recently read two notices, side by side in the sports page of a newspaper, describing deaths of two high school football players. Not all injuries are this tragic, but as we all know many serious and permanent injuries are sustained in almost any kind of sport participation.

Because of the increased interest in such injuries, Sports Injury Programs have been set up by many Medical Societies throughout the country. Our president, Dr. Henry Burkhardt, brought forth the idea of having such a program sponsored by our own Society. This was brought up at a Public Health Committee meeting last spring. It was unanimously agreed to set up such a program. I was named chairman of the program and Drs. Robert O'Malley and Robert LaMarche, because of their interest and vast experience were elected as members of this small sub-committee.

Initially I attempted to receive financial help from the sporting goods companies but had no success till very recently. The Wilson Sporting Goods Company replied that it would be willing to help us out. If it responds, I plan on having a free lunch to wind up the afternoon program.

The date is Wednesday, December 1, 1965; the time, between 1:30 P.M. and 5:30 P.M. I have contacted the area physical education directors and have been assured a good to excellent turnout. Everyone contacted seems very interested and agrees with the timing of the program, i.e. between the sports seasons. I am estimating a turnout of 70 to 80 people.

We hope our program will be stimulating and interesting. Dr. Thomas Quigley, a member of the AMA Committee on the Medical Aspects of Sports and Clinical Professor of Surgery at Harvard Medical School, will open the program with a general talk on medical supervision of athletics, recommendations, and their implementation by the AMA, and related topics. Dr. Peter Karpovich from Springfield College will speak on the subjects of isometrics and isotomics, warming up, breaking records, etc. Dr. Robert LaMarche will speak on epiphyseal injuries. Dr. Jospeh Hahn will discuss head injuries. Dr. Robert O'Malley will relate his experiences with abdominal injuries.

It is the hope of the committee that this program will be given a hearty reception by the invited guests. If the response is good and the interest is present, there would be no reason why this program could not be continued on a yearly basis. All physicians and parents who are interested are invited. Any physician who is connected with any school sports program can help by stimulating interest in their school department.

Compliments
Edward F. O'Donnell
FUNERAL HOME
Springfield

SPORTS INJURY PROGRAM

(Sponsored by H.D.M.S.)

Wednesday, December 1, 1965

at the W.A.R. Chapin Auditorium

1400 State Street, Springfield, Massachusetts

PROGRAM

1:30 P.M.	"SPORTS INJURIES — GENERAL DISCUSSION" Thomas B. Quigley, M. D. Harvard Medical School Peter Bent Brigham Hospital
2:10 P.M.	"PHYSIOLOGICAL ASPECTS OF EXERCISE" Peter V. Karpovich, M. D. Research Professor of Physiology Springfield College
2:50 P.M.	RECESS AND REFRESHMENTS
3:10 P.M.	"THE PLAYER WHO IS DOWN" Robert D. O'Malley, M. D. General Surgery, Holyoke
3:45 P.M.	"INJURIES TO GROWING BONES" Rovert N. LaMarche, M. D. Orthopedic Surgeon, Springfield
4:20 P.M.	"HEAD AND SPINE INJURIES" Joseph Hahn, M. D. Neuro Surgeon, Springfield
5:00 P.M.	ADJOURNMENT

THE MAKINGS OF A MEETING

by John M. Maloney, M.D., President Springfield Academy of Medicine

It has been a subject for much time and thought as to choosing speakers for the Academy.

It seems easy, why don't we have name speakers? Ah so! Of course, but who? Where are the Laheys, the Mayos of other days? Name one who you think could fill the hall. The only one that I could think of would be Sir Charles (Insulin) Best, and how could we get him? Name one we could afford.

In the recent past, we have had prestige speakers. They would dust off their slides that were old when Mr. Chips was a pup. One leaves the hall pleasantly pleased having seen Doctor Big, and knowing there was nothing presented that could not have been given impromptu by most of the audience. It is even harder to decide who Dr. Big is. How many of us can name the six, soon to be the eight, Chairmen of the Departments of Surgery and Medicine of medical schools in Mass. alone? In bygone years every physician did everything and enjoyed anything medical. Now we are specialized and sub-specialized. We have tunnel vision. We return from our specialty meeting and find that our 10 A.M. coffee buddies have never heard of the biggest and best man in your own rice bucket brigade. Even worse, at this meeting, ninety-nine per cent of the speakers are more interested in exotic, electrophoretic, efferent juices of an epididymal fat pod of a male guinea pig, macerated by THIS and THAT buffer solution. You suffer through ninety-nine "Rat Fink Lab Doctors," for the one guy who has seen and treated a homo sapien cum dolorous, gangrenous extremities.

It is obivous, there must be today speakers equal in value to the good ones you remember of your medical childhood. Unfortunately for most of us, those "hot shots," are dead, retired, or repetitive. One desires fellows with a clinical bent and an urge to teach the practical. However, they are not widely known because of the "compartmentation" of our own age. Our program committee is continually watching for this type of speaker but seven out of eight speakers invited this year have been heard within the past year. They are altert, eager, knowledgeable men at the top of their field with a great many things to say.

HAFEY'S
FUNERAL SERVICE
494 Belmont Avenue
Springfield, Mass.

CHESTER'S DRUG STORE
MEDICAL CENTER
305 Appleton St., Corner Maple
HOLYOKE, MASS.

Doctor Leroy Vandam, on the 14th of September, 1965, gave as much exciting, new information in one hour as is usually given in several hours. All enjoyed him.

Doctor Fletcher McDowell, on the 12th of October, 1965, gave an excellent review of Strokes of interest to all physicians and a short summary of the practical approach to CVA's.

Doctor David Hurwitz, to speak on the 9th of November, 1965, will try to educate while he talks to us on Diabetes Mellitus. He is a physician from Boston who treats Hyperglycemia and Hyperglycosuria.

Doctor Steven Sulavic, to speak on the 14th of December, 1965, was nominated by Doctor Don Egan, formerly of Springfield, as one of Yale's best young speakers, and avant garde in Chest Disease.

Doctor Charles Eckert, to speak on the 11th of January, 1966, was approved by the Albany Alumni. He is a surgeon of Albany Medical College. Subject: Cancer Surgery.

Doctor Earl Shirey of Cleveland, to speak on the 8th of February, 1966, has Coronary Angiogram movies that are a "must see."

Doctor Richard Britton of Columbia, to speak on Portal Surgery, on the 8th of March, 1966, was chosen by Doctor Carroll Leevy of Seton Hall, as the surgeon he most likes to hear.

Doctor Laurence Kyle of Georgetown, to speak on the 12th of April, 1966, is a dynamic personality that impressed all on his 1960 visit to Springfield. He wants to take on the Clinical Aspects in the spotting of Endocrine Disorders.

Our speakers have been asked to speak on subjects of interest to most physicians treating ill patients. It is not possible to titillate every member's modus operandi. Nevertheless, all of us can be stimulated in our medical thought process and look into far away pastures.

Actually, the reason for this note is, a meeting requires 3 things:

(a) the speaker, chosen;
(b) a subject, chosen; and,
(c) an audience, ...

Kids! Things are changing fast and we start 8:30 P.M.

P.S. Clinic 5 P.M. — — A review of one patient's particular problem.

For Information or Reservations for your Business or Pleasure trip contact:
WEIDNER TRAVEL BUREAU, Inc.
83 State Street — Springfield, Mass.
Tel. 781-0550

Luncheons - Dinners - Cocktails
WILLOW GLEN HOUSE
East Longmeadow, Mass.
232 North Main St. - Tel. 525-2167

COUNCIL MEETING (HIGHLIGHTS)

Because the Boston Medical Library building has been disposed of and its contents transferred to the new Countway Library, the October 13 Council meeting of the MMS was held at the Boston-Sheraton Hotel. This provided a pleasant setting for one of the longest and most productive meetings ever held.

After the acceptance of the minutes, President Welch announced that the Health-Task group, consisting of those involved in the civil defense effort, would be commissioned by Governor Volpe during the luncheon recess of the Council. An announcement was made also relative to the Norman A. Welch Memorial Award, a solid gold medallion to be presented by the National Association of Blue Shield Plans to the author of the most meritorious contribution to the literature on medical economics. In addition a thousand dollars ($1,000) will be contributed in the name of the winning author to the Norman A. Welch Memorial Fund of the AMA Education and Research Foundation.

After the announcement of interim appointments, none of which were from the Hampden District, requests for suspension of the rules were received. Informational reports on State Legislation, Medical Education, Executive Committee, Professional Liability, Society Headquarters and Members' Insurance Program were received by the council, and no action was taken. It was pointed out by the chairman of the Members' Insurance Program Committee that the period for enrollment in the New Blue Cross-Blue Shield Plan will be extended for a further period of time.

The report of the Committee on Membership relative to the re-instatement of a member who had lost his license to practice, was discussed at length. His re-instatment was denied by the Council.

In the face of the approaching Medicare program, Council voted, after very much debate, to provide a fee system so that carriers might obtain some idea of prevailing fees. A resolution was introduced that the MMS endorse a system whereby the hospital may be reimbursed for the cost of

COMPLIMENTS
Ernest A. Byron
SPRINGFIELD

Absorbine Jr.

Waiting Room & Office Furniture
Office Planning
A. R. REID
100 STATE STREET — SPRINGFIELD
REpublic 9-7385 - 6

ORCHARD MANOR REST HOME
190 PLEASANT STREET
EAST LONGMEADOW, MASS.
Home Atmosphere — Home Cooked Food
REASONABLE RATES — 525-2512

radiological procedures, while the radiologist would be compensated separately for the professional service performed by him in the hospital. This was passed after considerable debate.

Surgical Aftercare

A resolution was introduced "That the Council of the Massachusetts Medical Society oppose the delegation of surgical aftercare to the referring physician in those hospitals where the operating surgeon is in daily attendance, and furthermore, that the Council request the Board of Directors of Massachusetts Blue Shield that the practice of paying for surgical aftercare be discontinued in these circumstances. This in no way denies the importance of concomitant medical aftercare which may be an important part of postoperative care required by the patient's condition." This provoked long and acrimonious debate but was finally passed with considerable majority.

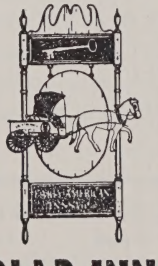
The Council refused to amend the bylaws to provide that all Standing Committees consist of seven (7) members, one elected annually. A recommendation to delete the "Sponsor" requirement in the application for certain memberships, was approved.

The committee on Mental Health presented a resolution that the MMS affirm the principle (in the control of the projected community mental health center) of proper balance of representation of physicians, lay people and the Mass. Department of Mental Health. This was passed after a lengthy debate with the affirmation that the Council was definitely in favor of medical control of all illness and therefore also these centers. The fact that the HDMS had voted previously that at least 50% of directors of the mental center be physicians, had considerable effect on the voting.

Fee Schedule is Voted

The committee on Tax Supported Medical Care recommended that the MMS approve the institution of a fee schedule to be prepared by the Committee on Prevailing Fees. This caused a tremendous amount of debate but was so voted. The committee also recommended that such a schedule be brought in at the next regular or special meeting of the Council and that in the meantime negotiations with the government be carried on a fee schedule subject to the approval by the

Traditional
New England Hospitality



YANKEE PEDLAR INN
GENE TAMBURI, Innkeeper
Rt. 5 at 202 Holyoke Mass.
Phone: 532-9494

POMEROY—WILLIAMS CO.
120 MAPLE STREET, SPRINGFIELD
PHONE 733-3217
ALL SURGICAL APPLIANCES
BELTS CORSETS
BRACES STOCKINGS

Council.

The Council recommended that the MMS support the magnificent work of the blood banks. It recommended also that each member do what he can to make the drive for blood a success.

The Committee on Disaster Medical Care recommended that the Mass. Hospital Association be notified of the desire of the MMS to have Emergency Hospitals intergrated in fixed hospital programming so that the staffs may become accustomed to the use of the Emergency Hospital equipment.

A resolution by Dr. Holland that the Council re-study the committee structure of the Society, was disapproved. A recommendation that no other committee be requested to make a similar study at this time, was approved.

The report of the Joint Conference Committee of the MMS and the Mass. State Pharmaceutical Association was discussed at length. It was pointed out that all the principles recommended in this joint report favored the druggists and disregarded totally the interests of the medical profession. Moreover, many of the principles enunciated are already covered by the laws of the Commonwealth. After some debate it was voted to refer the report to another committee of the Society for study and modification.

The report of the Committee on Maternal Welfare and Perinatal Mortality recommended a continuing study of the problem of perinatal mortality in cooperation with the Mass. Chapter of the American Academy of Pediatrics and the Mass. Department of Public Health. It further recommended that the Society apply to the Health Department for financial support necessary to conduct this study and that the Society seek elsewhere additional funds, space and facilities if needed. This was passed without debate.

A recommendation that the Council approve full compensation for the actual cost of services provided by hospitals, nursing homes and those who make home visits under Medicare, was approved with the added suggestion that this compensation be adequate.

A recommendation that the Council is in favor of Part B of Medicare being administered by Blue Shield, was debated at length. It was pointed out that while hospital and nursing home provisions were on a cost basis, Part B of Medicare is to be handled by local carriers who would determine the prevailing fees in each area. It was felt that it would be more advantageous to have Blue Shield take on this responsibility since it was so intimately associated with our Society and profession. It was voted that our Society recommend Blue Shield as the carrier of Part B of Medicare.

A report of the recent Special Meeting of the House of Delegates of the AMA was presented by Dr. Butts.

Meeting adjourned at 5:45 P.M.

Miller

PERRENE'S UNIFORMS LTD.
136 STATE STREET SPRINGFIELD, MASS. TEL. 733-3864
OFFICE CONSULTATIONS – COATS, LAB COATS, EXAMINING GOWNS, ETC. CRISP, TAILORED PROFESSIONAL WHITE UNIFORMS FOR YOUR OFFICE AND LABORATORY PERSONNEL. THE FINEST BRANDS, ELEGANT STYLES AND FABRICS.
MAY WE SUGGEST A UNIFORM STYLE SHOW FOR YOUR NEXT MEETING?
HOURS 9:30 TO 6 P.M. MONDAY AND THURSDAYS 10 TO 9 P.M.

HISTORY of the SPRINGFIELD ACADEMY OF MEDICINE*

by

WILLIAM A. R. CHAPIN, M.D.

(Editor's Note: On March 13, 1957 the Academy commemorated its 50th anniversary with a special-dinner meeting held at the Sheraton Kimball Hotel. A highlight of the program was Dr. Chapin's history of the Academy, a condensed version of which is herewith presented.)

During the early part of 1907, a number of meetings were held by a small group of interested physicians, which led to the formation of the Springfield Academy of Medicine, and ultimately to the election of officers on the evening of April 9, 1907. The names that featured prominently during this organizational period are those of Drs. A. O. Squier, G. H. Finch, Walter Weiser, F. W. Chapin, and William P. Hayes. The first president elected was Dr. W. A. Smith, and the first secretary was Dr. J. I. Butler. Of the 18 original or charter members only two are still with us. They are Dr. Theodore Bacon and Dr. James Comins**.

During the first six years of its existence the Academy met in four different places: The Cooley, Highland and Kimball hotels and Harmony Hall. In 1913, the Academy, incredible as it may sound, purchased a home of its own, at 349 State Street. This was accomplished by the sale of 10-year bonds to the amount of $11,550. The Academy, however, found it difficult to finance this venture, and three years later (1916) sold the property to Dr. Fred Brigham, presumably at a profit. Next it moved to 137½ State Street, first upstairs, then downstairs. April 12, 1927 there appears for the first time a notation by the Secretary of a meeting at 20 Maple Street, where the Academy was to remain for more than 20 years. In 1948 the Academy began to meet in the Women's Club. In October of 1953 it was voted to move to the Municipal Hospital, and in September of 1954 the first meeting was held in its beautiful and spacious Auditorium.

From its very beginning the chief purpose of the Academy has been the postgraduate education of the doctor. Nevertheless, we find that earlier in its history much of its effort was devoted also to political and socio-economic problems. Thus we find that a Certified Milk Committee was appointed in 1909; dealings with the Industrial Accident Board in 1913; a fight against a Chiropractic Act in 1932, and listening to a grievance against doctors who were habitually getting on the radio in 1935. Matters of this nature, as is well known, are handled today almost exclusively by The Hampden District Medical Society. As a parallelism the District Society, which years ago often sponsored scientific programs, today restricts its efforts exclusively to the ethical and socio-economic phases of medicine. The memberships of the

* Reprinted from Hippocrat of October, 1957

** Both have since expired

Curran-Jones
FUNERAL HOME
WEST SPRINGFIELD

two organizations greatly overlap, and they have cooperated with one another on numerous occasions, as witness the Springfield Rehabilitation Center and the recent Health Forums. According to the last revision of the Academy's by-laws (1956) its purposes are: (a) To foster postgraduate education in the various branches of medicine and dentistry, (b) To maintain an active medical library, and (c) To promote health education in the community.

It is interesting to note that the library of the Academy began in 1915 with several medical books borrowed from the Springfield Library Association. Since then it has increased in size enormously so that today it carries on its shelves no less than 5000 books and subscribes to 45 medical journals. It receives its support from two sources: (1) regular membership dues, and (2) supporting membership contribution from business and industry. The library, which is surpassed in Massachusetts only by the Massachusetts Medical Library, is used not only by the medical profession but also by colleges, business, industry and insurance companies.

Financially the Academy has had a somewhat "checkered" career but all and all has done not too badly. Dues at the outset were $5.00 per annum. In 1915 they were raised to $10.00. In the same year the nurses registry was acquired from the Springfield Hospital, and Miss Bacon came to work for the Academy. One of the chief difficulties at that time was the collection of dues which in 1915 amounted to $1,400 in arrears and in 1934 to $1,000. In 1944 Miss Marion Smith of Ware left $2,000 to the Academy. The nurses' registry, which used to bring in about $1,000 annually was turned over to the Nurses' Association in 1941. In 1953, as mentioned earlier, it was voted to move to the present quarters at the Municipal Hospital. The move required $14,000 which has been amortized by a $10.00 annual assessment over a period of five years. The Academy has now a tidy sum in its coffers but not enough to build a home of its own. It is to remain for another seven years in its present quarters and possibly longer. Its present home is unquestionably superior to anything it

Distinctive Dining
At
Springfield's Student Prince and Fort Restaurant
6 Fort St. - ST 8-6628 - Springfield

WESTFIELD NURSING HOME
66 BROAD STREET — WESTFIELD
Tel. 562-9227

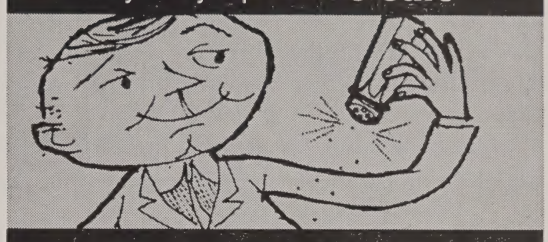
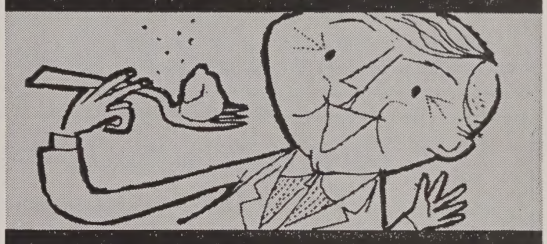
A Home away from Home, with Modern Equipment and Facilities.
Adequate, Efficient Nursing Staff on duty 24 hours daily.
Where Every Need is a Personal Care.

has ever had in the past.

The Academy began with eighteen charter members; today there are more than 350 members. Attendance at meetings is high compared with other Academies. During its 50 years of existence some 500 scientific meetings were held, and these were addressed by an even larger number of prominent guest speakers, including personalities such as the late Chevalier Jackson and Frank Leahy. At the January 14, 1957 meeting Dr. M. Fishbein, Editor of the Journal of the American Medical Association, became ill and was forced to broadcast his speech from his room at the Kimball Hotel. In 1932 the Academy commemorated its 25th anniversary with a dinner-meeting held at the Kimball Hotel. In the early years of the Academy's existence clinical cases would be presented. The most interesting of these was probably the one by the late Dr. Eastman who reported the case of an infant successfully suckled by its grandmother. In recent years case reports have been omitted perhaps for the purpose of enabling the membership to return home in time to watch the "$64,000 Question".

During its first 50 years the Academy has contributed greatly to the medical advancement and to the health of the public in the greater Springfield area. The future of the Academy lies with every member who is willing to contribute of his effort toward the further growth and development of this wonderful organization — The Springfield Academy of Medicine.

KING'S PHARMACY
Standish B. King, Reg. Pharmacist
Ethel K. King, Manager
Two stores (1—117 Main St., LY 2-1651, Chicopee Falls, Mass. 2—White and Sumner Ave., RE 2-0082, Springfield, Mass.)

when you tell your patients **no salt**

put zest into their food...

with
co-salt
sodium-free salt substitute

CO-SALT fully satisfies the patient's craving for salt...because it tastes, looks, sprinkles exactly like salt. Thus, patients with congestive heart failure, toxemias of pregnancy, hypertension, and obesity who should limit sodium intake, will adhere more closely to the diet with Co-Salt.

Contains no sodium...never bitter or metallic in taste. For use at table or cooking.

ingredients:

Choline dihydrogen citrate, potassium chloride, ammonium chloride and tribasic calcium phosphate.

supplied:

2 oz. shaker top package, 8 oz. economy size.

professional samples on request

u. s. vitamin & pharmaceutical corp.
800 Second Avenue, New York, N.Y. 10017

CORRESPONDENCE

A C S

Dear Hippocrat:

The next annual meeting of the Massachusetts Chapter of the American College of Surgeons will be held Saturday, December 4, 1965 in the main ballroom of the Sheraton-Boston Hotel, Boston, Mass. Registration will start at 9:30 a.m. A panel discussion moderated by Dr. George R. Dunlop of Worcester on "The Present Status of Surgery for Peripheral Vascular Disease" will start at 10:00 a.m. A business meeting will follow. Luncheon will be served at 12:30 p.m. An afternoon panel on "The Care of the Severely Injured Patient" moderated by Dr. Charles Burbank of Boston will start at 2:00 p.m.

Charles A. Macgregor, M.D., F.A.C.S.
Secretary-Treasurer
Massachusetts Chapter, A.C.S.

MEDICAL MANAGEMENT
99 Amostown Rd. West Springfield, Mass.
REpublic 6-2584
Modern Electronic Billing & Related Business Services for Medical Men

ESTABLISHED IN 1861
FUNERAL SERVICE
Dickinson-Streeter Co.
Springfield, Mass.

A. David Burbank, C.L.U. — Laurence C. Parkman
Specialists in MONARCH'S Non-Cancellable Disability Income Insurance
Telephone 736-2787

EVERYTHING HAPPENS AT
THE GUNNERY
AT Kimball Towers
Chestnut and Bridge Streets
Downtown Springfield RE 2-1121
★ ★
Superb dining at Luncheon, Dinner, Cocktails and Supper — Gunnery Tavern • Delightful Discothèque Dancing — Gunnery Music Hall • Superlative Sandwiches — Gunnery Pub • Magnificent Parties, Weddings and Banquets to 600 — Opera House Ballroom • Free Parking

COMPLETE TRAVEL ARRANGEMENTS BY AIR, SEA AND LAND.
AAA World-Wide TRAVEL AGENCY
AMPLE FREE PARKING
EXPERT COUNSELING
FRIENDLY SERVICE
CONVENIENTLY LOCATED FOR ALL HAMPDEN COUNTY TRAVELERS
NEAREST TRAVEL AGENCY TO LONGMEADOW, EAST LONGMEADOW & FOREST PARK
AUTOMOBILE CLUB OF SPRINGFIELD - 110 FORT PLEASANT AVE. - PHONE 785-1381

COMING EVENTS

HAMPDEN DISTRICT MEETING, DECEMBER 7 (Page 13)

EXECUTIVE COMMITTEE MEETINGS, NOVEMBER 16 and DECEMBER 21

ACADEMY OF MEDICINE, DECEMBER 14

DIABETES DETECTION WEEK, NOVEMBER 14 - 20

AMA CLINICAL MEETING, PHILADELPHIA, PA., NOV. 28 - DEC. 1

CENSOR MEETING, DECEMBER 2

M.M.S. COUNCIL MEETING, FEBRUARY 9

AM. COLLEGE of PHYSICIANS, NEW YORK, APRIL 18 - 22

M.M.S. ANNUAL MEETING, BOSTON, MAY 16, 17, 18

AMA ANNUAL MEETING, CHICAGO, JUNE 26 - 30

AMYTAL TAKES THE EDGE OFF DAYTIME ANXIETY AND TENSION

Amytal is a moderately long-acting barbiturate that takes the edge off daytime anxiety and tension without significant change in mood and attitude. Since Amytal is metabolized in the liver, renal damage does not constitute an absolute contraindication.

Contraindications and Precautions: Persons with a history of porphyria should not receive barbiturates in any form. Administration in the presence of uncontrolled pain may produce excitement. Amytal should be used with caution in patients with decreased liver function, since a prolongation of effect may occur. Warning—May be habit-forming. **Side-Effects:** Idiosyncrasy or allergic reactions to the barbiturates may occur. **Dosage:** Doses should be individualized for each patient. The usual adult sedative dosage ranges from 30 mg. (1/2 grain) to 50 mg. (3/4 grain) two or three times daily.

Additional information available to physicians upon request. Eli Lilly and Company, Indianapolis, Indiana.

AMYTAL® AMOBARBITAL

Lilly

501269

PATRONIZE OUR ADVERTISERS

Below is a list of our advertisers for 1965. In your contacts please tell these people how much we appreciate their support.

AAA
Beaulieu Chevrolet, Inc.
Belmont Laundry
Betty's Towne House
Bristol Laboratories
Broadway Office Supply Co., Inc.
Bryan Leasing, Inc.
Buckley's Pharmacy
Burdick, Lester L., Insurance
Buscall Nursing Home
Byron's Funeral Home, Inc.
Carroll Travel Bureau
Chester's Drug Store
City Rambler
Coffee House
Collegian Court
Corliss Adjustment Bureau
Credit Bureau, Inc.
Crotty Drug Store
Curran-Jones, Inc., Funeral Home
Cusack, Robert E., Funeral Director
Daley Family Service
Delehanty Drug Store
Dickinson-Streeter Co., Funeral Home
Don Gleason's Campers Supply
East Longmeadow Nursing Home
F F S Drug Stores
Flittner Drug Corp.
Footit Surgical Supplies
Gleason's Townhouse
Gold Cross Ambulance & Oxygen Service
Gunnery, The
Hafey Funeral Service
Hampden Leasing
Hannigan-Fitzgerald Funeral Home, Inc.
Harris Pharmacy
Henderson Funeral Home
Javcox Restaurant
Johnson, Brooks R., Photography
King's Drug Store
Landen True, Jewelers
Lessere-Wertheim, Inc.
Lilly, Eli and Co.
Log Cal in Restaurant
Mahady, E. F. Co.
Maple Hill Nursing Home
Mary Lyon Nursing Home
Medical Management
Merck, Sharp & Dohme
Merit Pharmacal Co.
Mish, Edward T., Silversmith
Monarch Life Insurance Company
Norman's Pharmacy
North Side Pharmacy
O'Donnell, Edward F. Funeral Home, Inc.
Old Storrowton Tavern
Orchard Manor Rest Home
Penn Travel Agency
Perrene's Ltd.
Pfizer Pharmaceuticals
Plaza Thirteen Fifty-five
Pomeroy-Williams Co.
Professional Pharmacy
Ratell Funeral Home
Reid, A. R., Inc.
Ring Nursing Home
Ryan Drug Company
Safe Deposit Bank and Trust Co.
Sampson, T. P. Co., Funeral Home
Schlatters' Inc., Florists
Shaker Farms Country Club
Sheraton Motel
Skinner, T. E. Associates
Smith Kline & French Laboratories
Spring Street Drug, Inc.
Springfield Gas Light Company
Spruce Manor Nursing Home
Squibb, E. R. & Sons
Stuart Co. Division, The
Student Prince Restaurant
Thermo Fax Sales
Third National Bank & Trust Company
Tober Foreign Motors, Inc.
U. S. Vitamin & Pharmaceutical Corp.
Valley Bank and Trust Co.
Vermes Typewriter Center
Wallace Laboratories
Weidner Travel Bureau, Inc.
Western Massachusetts Electric Co.
Westfield Mutual Ins. Agency
Westfield Nursing Home
Willow Glen
Yankee Pedlar Inn
Ye Olde Coach Inn
W. F. Young, Inc.

CARROLL TRAVEL BUREAU
INC.
Johnson's Bookstore Building
1383 Main St. — Springfield, Mass.
RE 9-7391
A Complete Experienced Travel Service

CROTTY DRUG STORE
78 Elm Street — Westfield, Mass.
LOgan 2 2644
Over Half a Century
Serving Westfield People

The opinions expressed in The Hippocrat do not necessarily represent the official viewpoint of the Hampden District Medical Society.

New England's most exciting new concept in . . .

PROFESSIONAL & BUSINESS OFFICES

PLAZA Thirteen Fifty Five

- Spacious, beautifully appointed lobby
- Quiet, automatic elevator service
- Three floors of glass-expansed offices offering functional, yet luxurious surroundings
- Scientific sound reduction
- Rental includes central automatic air-conditioning and heating.

- Floor space designed and divided to meet your exact needs
- Free parking for over 5,000 cars
- Easy driving from all New England . . . just 5 minutes from Mass. Turnpike
- The most professional setting for your offices . . . In the midst of New England's most bustling shopping community, featuring over 25 of the finest names in stores and services.

PLAZA THIRTEEN-FIFTY-FIVE

where St. James Avenue and Liberty Street Intersect

For details and information

JOHN LAWRENCE
PAYNE ASSOCIATES
PLAZA THIRTEEN-FIFTY-FIVE
Telephone Springfield 732-7466

ACADEMY

The next meeting of the
SPRINGFIELD ACADEMY OF MEDICINE
will be held on
TUESDAY, DECEMBER 14, 8:30 P.M.

Speaker:	STEPHEN B. SULAVIK, M. D. Yale University School of Medicine
Topic:	"PULMONARY DISEASE"
Place:	Auditorium, Municipal Hospital Springfield
Hospital Clinic:	Springfield Hospital, 5:00 P.M.

Dine in
Relaxed Elegance

Always a different and delicious menu to enjoy in pleasant comfort. Serving daily from eleven-thirty AM to midnight.

THE LOG CABIN
Easthampton Road, Route 141
HOLYOKE
JEfferson 9-9137

PROFESSIONAL
PHARMACY
"In The MEDICAL CENTER"
130 MAPLE STREET
SPRINGFIELD, MASS.
TELEPHONE
736-1859 — 736-1850
PRESCRIPTIONS FILLED
WHILE YOU WAIT
OR
FREE DELIVERY
IN GREATER SPRINGFIELD
Hours Daily 8 A.M. - 9 P.M.
SUNDAY 10 - 1
24-HOUR PRESCRIPTION SERVICE
David R. Smith
Reg. Pharmacist

HALLMARK OF SOUND BANKING

SAFE ★ DEPOSIT
BANK AND TRUST COMPANY

Professional Banking Service for The Thoughtful Professional Man

When it comes to supervising your financial affairs, be sure that you pick a financial specialist. Select a bank staffed by qualified personnel who are experienced in working with attorneys, accountants and other advisors in establishing a trust or agency account. Assure the financial security of your family at the bank where you can be certain all your financial matters will be handled with the highest professional integrity — at *Safe Deposit.*

. . . where thoughtful persons bank on sound judgment

MEMBER: FEDERAL RESERVE SYSTEM ★ FEDERAL DEPOSIT INSURANCE CORPORATION

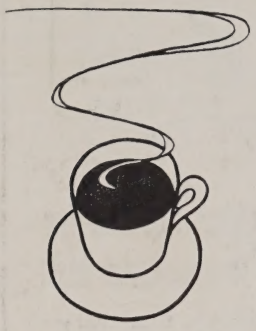
EAST LONGMEADOW NURSING HOME

Ultramodern, resortlike, convalescent and nursing home overlooking Franconia Golf Course.

All new staff of Registered Nurses — several times latest state requirements.

Spacious living room, dining room, country grounds for that great to be alive feeling.

Can any doctor manage his investments over a cup of coffee?



Trust Department

Valley Bank
AND TRUST COMPANY

Main Office
1351 Main Street, Springfield

Time out between patients hardly allows you time for taking care of your investments.

In fact, a group of professional men, when surveyed, said they averaged less than two hours a week on personal matters.

Our investment supervisory service was created to aid the busy investor. We safeguard your securities, attend to all day-to-day details, offer recommendations—and *you* make all the final decisions.

Let us tell you more.

Landen-True

10 HARRISON AVENUE — SPRINGFIELD

TEL. 734-5658

"Quality Jewelers for 102 Years"

℞ RELAX, DOCTOR! ℞

OUR COLLECTION SERVICE IS THE *RIGHT* PRESCRIPTION FOR YOUR DELINQUENT ACCOUNTS . . .

As the only member in Hampden County of the Medical, Dental, Hospital Bureaus of America, we have served "The Business Side of Medicine" for 20 years, with the patient's good will ever in mind. Why not call our Medical Division, RE 9-7346 and discuss our service with Howard Corliss. Then RELAX, Doctor!

CORLISS ADJUSTMENT BUREAU, Inc.
293 Bridge Street, Springfield 3, Mass.